

## **Volunteer: Kitchen Help**

### **OVERVIEW OF POSITION**

The kitchens at the Emergency Shelters are busy places, providing three meals daily, plus nutritious snacks to the homeless. A Kitchen Helper, or small team of kitchen helpers are required to assist the cook in meal preparation.

### **KEY TASKS**

At the direction of the cook:

- Prepare vegetables for cooking
- Serve meals
- Clean up duties

### **TIMETABLE**

Various times are available for scheduling.

A typical volunteer shift is from 1 ½ to 3 hours in duration.

Since the kitchen is open daily, daily scheduling may be available.