

Volunteer: Community Kitchen Team Member

The major program goals of the Community Kitchen are to strengthen community capacities and to improve the nutritional well-being of the participants.

OVERVIEW OF POSITION

Number of Volunteer Support Team members: three to four

(A team will consist of a staff member; a volunteer Team Coordinator, and 3 team members, leading a group of up to 8 resident participants.)

Community Kitchen Team members are responsible assist in and support the coordination and facilitation of a weekly community kitchen with residents of housing programs. Program duration: 8 weeks (repeated annually).

The program schedule is determined by input by all participants.

KEY AREAS OF RESPONSIBILITY

- Assisting in providing a friendly, safe and non-judgmental environment for the group to develop in ways that address their nutritional interests and needs; by promoting inclusion, collaboration and problem-solving and encouraging pride and cross-cultural sharing.
- Ensure food safe practices are followed.
- Assist in preparing supplies for each cooking session, as indicated.
- Encourage participants to assist in purchasing and preparing for the sessions. Be prepared to fill in gaps, as needed.
- Provide resource to participants, including demonstrations of cooking techniques, information on nutrition, food safety, recipes and money saving shopping tips.

QUALIFICATIONS

SKILLS

- Excellent interpersonal skills

ABILITIES

- Ability to work with diverse group of people in community development
- Ability to work independently and as part of a team
- Ability to recognize and promote strengths and accomplishment of others

This is an eight-week volunteer position, beginning in early May, with the possibility of another Community Kitchen being offered in Autumn and twice a year.

Qualified applicants can mail or fax resume with cover letter to:

Karen Young

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